
yoga retreat mexico Yoga Retreat

Posted by Janice Heiss - 2008/11/18 00:07

Hi All Yoga Enthusiasts, For beginning and intermediate students \$1,195 includes round trip airfare from SF, ground transportation in Mexico, 8 nights accommodations, 5 two and a half hour yoga classes, a day trip to historical Guanajuato, luncheon at the beautiful hot springs, etc., etc. April 19-27 Lori Williams is my yoga teacher at the San Francisco Athletic Club and she's really great

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